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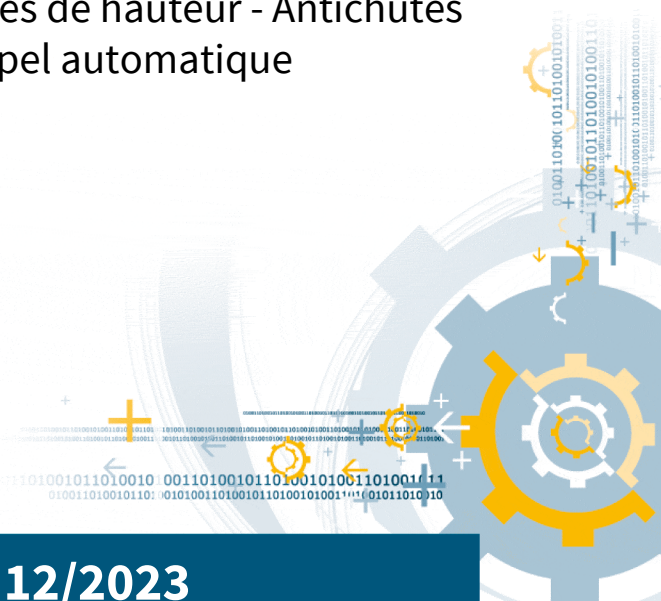
ILNAS-EN 360:2023

**Personal fall protection equipment -
Retractable type fall arresters**

Persönliche Absturzschutzausrüstung -
Höhensicherungsgeräte

Équipement de protection individuelle
contre les chutes de hauteur - Antichutes
à rappel automatique

12/2023



National Foreword

This European Standard EN 360:2023 was adopted as Luxembourgish Standard ILNAS-EN 360:2023.

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EUROPEAN STANDARD ILNAS-EN 360:2023 **EN 360**
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English Version

Personal fall protection equipment - Retractable type fall arresters

Équipement de protection individuelle contre les
chutes de hauteur - Antichutes à rappel automatique

Persönliche Absturzschutzausrüstung -
Höhensicherungsgeräte

This European Standard was approved by CEN on 20 June 2022.

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Contents

Page

European foreword.....	4
1 Scope	5
2 Normative references	5
3 Terms and definitions	6
4 Requirements	9
4.1 Design and ergonomics	9
4.2 Materials and construction.....	9
4.3 Retraction tension and function	10
4.4 Static strength	11
4.5 Dynamic tests	12
4.5.1 General.....	12
4.5.2 Dynamic performance - overhead attachment in a vertical application	14
4.5.3 Dynamic function - overhead attachment in a vertical application.....	14
4.5.4 Dynamic strength - overhead attachment in a vertical application	14
4.5.5 Dynamic performance - foot level attachment in a horizontal application	14
4.5.6 Dynamic strength and integrity - foot level attachment in a horizontal application	14
4.5.7 Dynamic performance - foot level attachment in a vertical application.....	15
4.5.8 Specific dynamic requirements for twin RTFAs.....	15
4.6 Marking and information.....	15
5 Test methods	15
5.1 General examination of material and construction.....	15
5.2 Conditioning.....	16
5.2.1 General.....	16
5.2.2 Heat	16
5.2.3 Cold.....	17
5.2.4 Wet.....	17
5.2.5 Corrosion.....	17
5.3 Retraction test.....	17
5.3.1 General.....	17
5.3.2 Method - retraction tension - vertical application	17
5.3.3 Method - retraction tension - horizontal application	19
5.3.4 Method - retraction function.....	20
5.3.5 Method - retraction function with rotation	21
5.4 Static strength	22
5.4.1 Apparatus.....	22
5.4.2 Method	22
5.5 Dynamic performance	22
5.5.1 Apparatus and test sample	22
5.5.2 Method	22
5.6 Dynamic performance at the maximum rated load after conditioning.....	24
5.6.1 Apparatus and test sample	24
5.6.2 Method	24
5.7 Dynamic performance at near-full extraction	25
5.7.1 Apparatus and test sample	25
5.7.2 Method	25

5.8	Dynamic function at the minimum rated load	27
5.8.1	Apparatus	27
5.8.2	Method.....	27
5.9	Dynamic strength	27
5.9.1	Apparatus	27
5.9.2	Method.....	27
5.10	Dynamic tests in a horizontal application	28
5.10.1	Apparatus	28
5.10.2	Test sample	29
5.10.3	Method - dynamic performance	29
5.10.4	Method - dynamic strength and integrity	30
5.11	Dynamic tests in a horizontal application with a lateral offset	33
5.11.1	Apparatus	33
5.11.2	Test sample	33
5.11.3	Method - dynamic performance	33
5.11.4	Method - dynamic strength and integrity	34
5.12	Dynamic performance - foot level attachment in a vertical application	37
5.12.1	Apparatus and test sample.....	37
5.12.2	Method.....	37
5.13	Dynamic performance - twin RTFAs with both lanyards in a horizontal opposite arrangement.....	39
5.13.1	Apparatus and test sample.....	39
5.13.2	Method.....	39
6	Marking	43
7	Manufacturer's instructions and information	45
8	Packaging.....	48
Annex A	(normative) Additional requirements and test methods for RTFAs and twin RTFAs for use in mobile elevating work platforms.....	49
A.1	Introduction.....	49
A.2	Requirements.....	49
A.3	Marking and information.....	49
A.4	Test method.....	49
A.4.1	General examination of materials and construction	49
A.4.2	Dynamic performance and integrity	50
A.5	Marking	53
A.6	Manufacturer's instructions and information	54
Annex B	(informative) Explanatory information on this edition of EN 360:2023.....	55
Annex C	(informative) Significant technical changes between this European Standard and the previous edition EN 360:2002	58
Annex ZA	(informative) Relationship between this European Standard and the essential requirements of EU Regulation 2016/425 aimed to be covered.....	63
Bibliography	65

European foreword

This document (EN 360:2023) has been prepared by Technical Committee CEN/TC 160 “Protection against falls from height including working belts”, the secretariat of which is held by DIN.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by June 2024, and conflicting national standards shall be withdrawn at the latest by June 2025.

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. CEN shall not be held responsible for identifying any or all such patent rights.

This document supersedes EN 360:2002.

The significant technical changes between this document and the previous edition are described in the informative Annex C.

This document has been prepared under a standardization request addressed to CEN by the European Commission. The Standing Committee of the EFTA States subsequently approves these requests for its Member States.

For the relationship with EU Legislation, see informative Annex ZA, which is an integral part of this document.

Any feedback and questions on this document should be directed to the users’ national standards body. A complete listing of these bodies can be found on the CEN website.

According to the CEN-CENELEC Internal Regulations, the national standards organisations of the following countries are bound to implement this European Standard: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Türkiye and the United Kingdom.

1 Scope

This document specifies requirements, test methods, marking, manufacturer's instructions and information for retractable type fall arresters (RTFAs) and applies to a RTFA with a single retractable lanyard and a RTFA with two retractable lanyards (twin RTFA) as components of one of the fall arrest systems covered by EN 363:2018.

This European standard is not applicable to RTFAs and twin RTFAs used in any sport or recreational activity.

2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

EN 358:2018, *Personal protective equipment for work positioning and prevention of falls from a height — Belts and lanyards for work positioning or restraint*

EN 361:2002, *Personal protective equipment against falls from a height — Full body harnesses*

EN 362:2004, *Personal protective equipment against falls from a height — Connectors*

EN 364:1992, *Personal protective equipment against falls from a height — Test methods*

EN 365:2004, *Personal protective equipment against falls from a height — General requirements for instructions for use, maintenance, periodic examination, repair, marking and packaging*

EN 10277:2018, *Bright steel products — Technical delivery conditions*

EN 10278:1999, *Dimensions and tolerances of bright steel products*

EN ISO 683-1:2018, *Heat-treatable steels, alloy steels and free-cutting steels — Part 1: Non-alloy steels for quenching and tempering (ISO 683-1:2016)*

EN ISO 9227:2022, *Corrosion tests in artificial atmospheres — Salt spray tests (ISO 9227:2022)*

3 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

ISO and IEC maintain terminology databases for use in standardization at the following addresses:

- ISO Online browsing platform: available at <https://www.iso.org/obp>
- IEC Electropedia: available at <https://www.electropedia.org>

3.1

retractable type fall arrester

RTFA

fall arrester with a self-locking function and an automatic tensioning and return facility with one retractable lanyard.

Note 1 to entry: Figure 1a shows an example of a RTFA.

Note 2 to entry: Figure 2a, Figure 2b and Figure 2c show directions of use.

Note 3 to entry: An energy dissipating element may be in or at the housing of the RTFA and/or part of the retractable lanyard.

Note 4 to entry: An RTFA that includes a feature to manually prevent only extraction may require additional testing, e.g. to EN 358.

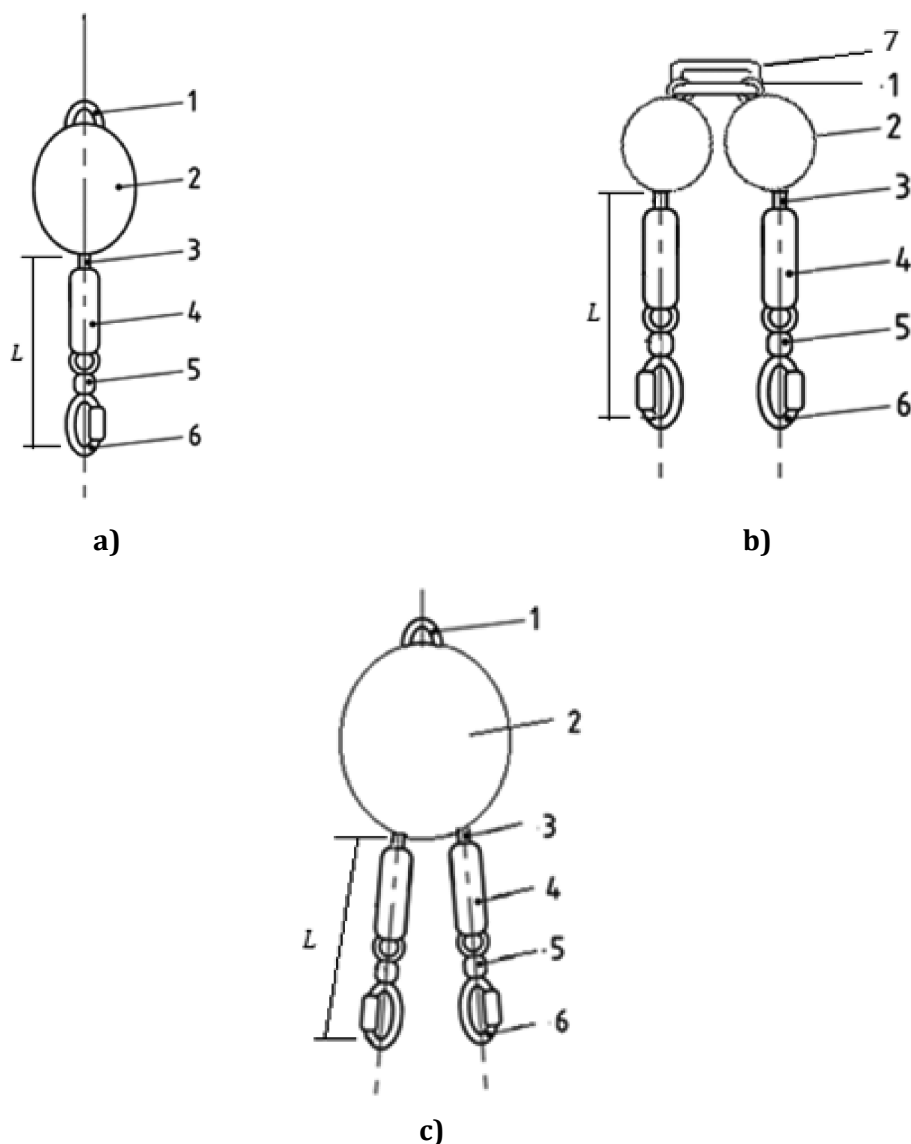
3.2

twin RTFA

fall arrester with a self-locking function and an automatic tensioning and return facility with two retractable lanyards

Note 1 to entry: Twin RTFAs may be two independent devices connected together or may be two retractable lanyards integrated into a single housing. See Figure 1b and Figure 1c.

Note 2 to entry: An energy dissipating element(s) may be in or at the housing of the twin RTFA and/or part of the retractable lanyards.



Key

L	non-retractable section	4	energy dissipating element (if applicable)
1	attachment point	5	swivel
2	housing	6	connector or connection element
3	retractable lanyard(s)	7	permanent connection element

Figure 1 — Examples of RTFAs with one or two retractable lanyards

3.3

retractable lanyard

connecting element of a RTFA, which may be of wire rope, man-made fibre webbing or man-made fibre rope and may include an energy dissipating element

Note 1 to entry: A retractable lanyard may be any length.